



OPTIONAL PROGRAM 2026

Monday Rancho Hill Runs / Hikes

(Announcements: Coach Eric, Coach Bill, and Coach Georgiana)

The SJFit Hill Run/Walk is included in the SJFit training program (no additional charge) and is completely optional to participate. This is a great way to build strength, endurance, and confidence on the trails.

Location:

Rancho San Antonio Park
22500 Cristo Rey Dr, Cupertino, CA 95014

Where to Meet:

At the restrooms in the lower parking lot.

When:

Mondays, starting May 11 through September 21

Start Time:

- 6:30 p.m. through Labor Day
- 6:00 p.m. after Labor Day

What to Bring:

- Hydration is required — please bring water.

Important Notes

- We will be running/walking rain or shine.
- Please review trail safety information, including awareness of mountain lions, before attending.

Questions or More Info:

Email Coach Georgiana at info@sanjosefit.com

Subject line: Monday Ranch