

From: San Jose Fit

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**Welcome to San Jose Fit's 28th Season
May 2, 2026 - Week 1**

We're honored that you've chosen to take on the next 27 weeks of training with San Jose Fit! Your coaches and organizers are beyond excited and energized to embark on this 27-week journey together. Your commitment to the program, to your training, and to yourself has the power to change your life—and ours as well.

Be sure to watch for FIT NEWS, our weekly newsletter, arriving in your inbox every Wednesday or Thursday. We strongly encourage you to read Fit News in its entirety to stay informed about last-minute updates, important announcements, "Fit" discounts, partner highlights, and more.

Please visit sanjosefit.com regularly for any last-minute BREAKING NEWS, especially on Fridays in case there are changes to Saturday training. You may notice that sanjosefit.com routes to usafittraining.com/sanjosefit/—we're currently sharing a website platform with USA FIT.

Finally, if you're on Facebook, we invite you to request to join [San Jose Fit 2026](#), our Facebook group created for 2026 members and those who love to be inspired by our

community. It's another great way to stay connected, share your running or walking journey, find inspiration, and stay informed.

2026 SEASON BEGINS

Saturday, May 2, 2026

TIME

7:00 AM

Please plan to arrive no later than 6:45 AM to allow time for parking and a prompt 7:00 AM start.

MEETING LOCATION – for May 2, 2026 ONLY

Los Gatos Adult Recreation Center, [http://208 E. Main St., Los Gatos, CA 95030]208 E Main St, Los Gatos, CA 95030

IMPORTANT – Location update: Please note: Beginning Saturday, May 9, we will meet at Raymond J. Fisher Middle School, 19195 Fisher Ave, Los Gatos, CA 95032 for the remainder of the season.

Saturday Morning Agenda – May 2, 2026

7:00 AM

Member Welcome & Orientation Led by San Jose Fit Head Coaches, Pace Coaches, and Organizer

- Program Overview
- A Look at What's Ahead This Season
- Q&A

8:00 AM

First Official Training Run/Walk - Come dressed to run or walk.
Meet your pace group and kick off the 2026 season together

Shirt Distribution After Your Walk/Run

We'll be ready for you and can't wait to connect—nothing brings our team together like wearing our team shirt!

New Members

Welcome to your San Jose Fit Family!

Please look for our New Member Welcome posters when you arrive. Several of our Legacy

Fitters and Coaches will be on hand and happy to welcome you, answer questions, and help you feel right at home before orientation begins.

Returning Members

Welcome home! We're so glad you're back for another amazing season.

Saturday, May 2, 2026 | Opening Day DEETS

Where do I park?

- Parking is available at the Los Gatos Adult Recreation Center, Los Gatos Library, Los Gatos Youth Recreation Center (across the street), and any non-restricted public parking spaces nearby.

Where do I go once I arrive?

- Your San Jose Fit Coaches will be there to greet you—look for smiling faces, warm welcomes, and pace signs.
- After orientation, meet up with your pace group for your first official training run/walk of the 2026 season.
- Coaches will be holding pace signs (see below for pace group and coach details).

Pace Group Colors:

- Orange – Half Marathon Runners
- Yellow – Marathon Runners
- Purple – Walkers

I'm new to San Jose Fit—will someone help direct me? If you're new, WE'VE GOT YOU!

- Our amazing Pace Coaches and legacy Fitters will be there to welcome you, answer questions, and guide you to the Orientation/Seminar area.

How will I know who the coaches are?

- Coaches will be carrying Pace Signs—and don't worry, we're looking for YOU!
-

Not Sure What Your Pace Is? We've Got You Covered!

Walkers

- Coach Kriba asks that you simply show up and don't worry about pace—groups will naturally form based on pace.

Runners – New Members

- To get a general idea of your starting pace:
- Run 3 miles at an easy, conversational pace, note your total time, divide by 3, then add 1 minute. This will be your starting pace group.

Runners – Returning Members

- Please run with the group that best matches your current pace.

I Know My Pace... Now Who's My Pace Coach?

- [Meet our incredible 2026 San Jose Fit Coaches!](#)
- Visit sanjosefit.com > [Meet Our Coaches for bios and photos.](#)

Weekly Running and Walking Training Schedule

Full Schedules: <https://usafittraining.com/sanjosefit/training-schedule/> Super secret password: sjfit2026

HALF MARATHON									
Week	Date (Sat)	Color Group	Sat	Sun	Mon	Tue	Wed	Thu	Fri
1	5/2/2026	HALF RUN/ WALK	3 MILES	OFF	20	OFF	20	20	OFF

FULL MARATHON									
Week	Date	Pace Groups	Sat	Sun	Mon	Tue	Wed	Thu	Fri
1	5/2/2026	7:00 - 9:00	6	OFF	35 min	OFF	30 min	35 min	OFF
1	5/2/2026	9:00 - 10:00 & 10:00 - 11:00	4	OFF	30 min	OFF	30 min	30 min	OFF
1	5/2/2026	11:00 - 12:00 & 12:00 - 13:00 & 13:00 - 14:00 & Walkers	3	OFF	30 min	OFF	30 min	25 min	OFF

What if I start with a pace group and the pace doesn't work for me?

One of the many very cool things about San Jose Fit is that you can change your pace group at any time—we want you to have the best possible experience! If you start with a pace group and it's not quite feeling right, just let your pace coach know. They'll happily introduce you to the pace coach who's the best fit for you.

We are your San Jose Fit family, and we only want what serves you best.

If you're dealing with an injury or simply having an off day, runners are encouraged to join the walking group. All we ask is that you keep showing up for the next 27 weeks—consistency matters!

If you're unable to make it to a Saturday training run/walk, please let your pace coach know and be sure to get your miles in on your own.

San Jose Fit Shirt and Name Tag Distribution - May 2, 2026

Members registered on or before March 23, 2026

- Your shirt and name tag will be ready for pickup.

All other members

- Shirts will be available on a first-come, first-served basis. Coach Georgiana has ordered extra shirts while supplies last.
- If your size is not available, your shirt will be ordered after registration closes on May 31.

Personalized Name Tags

Our personalized name tags are lovingly created by Coach Don—thank you, Coach Don! This helps us call each other by name from day one and start the season feeling connected.

- If you registered by April 27, your name tag will be ready for pickup on Saturday, May 2.
 - If you registered after April 27, your name tag will be available for pickup the following Saturday.
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Looking for insider access? We've got you covered!

Visit: sanjosefit.com [Members Only tab](#) Super-secret password: sjfit2026

Inside you'll find program information, video seminars, and so much more—created especially for our precious members. Be sure to check it out!

Fitter Store Discounts

We're incredibly grateful for these generous discounts available exclusively to registered San Jose Fit members:

Athletic Performance Los Gatos, [<http://55 W Main St, Los Gatos, CA 95030>]55 W Main St, Los Gatos, CA 95030

- 20% off the entire store, 365 days a year
- <https://athleticperformancelg.com/>

Running Revolution, [<http://511 E Campbell Ave, Campbell, CA 95008>]511 E Campbell Ave, Campbell, CA 95008

- 20% off the entire store, 365 days a year
- <https://www.runningrevolution.com/>

Feeling so blessed and grateful for our amazing community partners—and for you, our members!

2026 Season Mantra: EVERY STEP BUILDS STRENGTH!

A Journey Toward Our Personal Goals

As a San Jose Fit Family, we embark on this season's journey together—united by encouragement, accountability, and support. While every Fitter brings their own goals, dreams, and aspirations, our greatest progress happens when we move forward as one.

Together, we inspire each other, push beyond boundaries, and celebrate every milestone—big and small—along the way.

EVERY STEP BUILDS STRENGTH!

San Jose Fit registration closes May 31, 2026

Please spread the word to your friends, family, and colleagues—and encourage them to register today. It will change their lives and ours!

San Jose Fit Head Coaches and Organizer Contact Information

Please email us with any questions or comments - we are here for YOU!

Walkers, Half Marathon and Full Marathon:

Coach Kriba email: info@sanjosefit.com Subject: Attention Coach Kriba

Runners Marathon:

Coach Trevor email :info@sanjosefit.com Subject: Attention Coach Trevor

Runners Half Marathon:

Coach Sarah email: info@sanjosefit.com mSubject: Attention Coach Sarah

Webmaster:

Coach Babu email: info@sanjosefit.com Subject: Attention Coach Babu

Organizer, Fit News:

Coach Georgiana email: info@sanjosefit.com Subject: Attention Coach Georgiana

Social Media:

Kaili and Coach Georgiana email: info@sanjosefit.com Subject: Social Media

For program information and full season schedules, visit our website - sanjosefit.com

For registration or program questions, write to your organizer, Coach Georgiana - info@usafitsanjose.com

Join our San Jose Fit Facebook Community—and don't forget to follow us on Instagram for inspiration, updates, and fun moments from our Fit family.

- Request to join Facebook group [San Jose Fit 2026](#)
We had so many requests to join so we have now opened it up to whomever wishes to be inspired by our San Jose Fit family - passwords, meeting times. meeting locations will not be posted for this reason
- Follow San Jose Fit on Instagram [sanjosefitofficial](#)
- Please like San Jose Fit's public [Facebook page](#)

FOLLOW US ON SOCIAL MEDIA

